

VALERIAN
Valeriana officinalis



- Valerian is a hardy perennial growing to 1.5 metres.
- Attractive upright growing
- Clusters of White to pale pink flowers in the summer.
- Prefers moist soil in full sun to part shade.
- Valerian has leaves with serrated edges and the leaves can be a very useful addition to compost
- Commonly used as a companion plant as it will promote earthworm activity in the vegetable garden

Approximately 1500 seeds per gram