

## **SOAPWORT**

*Saponaria Officinalis*



- It has single pale pink flowers with a sweet fruit scent
- The leaves are oval, pointed and pale green containing saponin
- Grows between 45 – 60cm tall
- Prefers full sunlight or partial shade
- Soil must be fertile and moist
- Sow in spring
- Thin or transplant seeds to 60cm apart
- Not suitable to be grown indoors
- Pick flowers, leaves, stems and roots in autumn or as required

Approximately 600 seeds per gram