

SAGE
Salvia Officinalis



- This variety has long, oval, grey – green leaves
- Sage has a slight bitter taste
- Flowers are generally mauve – blue in colour
- Grows to reach 30 – 75 cm in height
- Sage can tolerate most climates. In areas with extreme heat or cold, plants are best grown in containers
- Prefers full sun
- Prefers a light, alkaline and well drained soil
- Plant sage in spring
- Cut sage back after flowering, replace woody plants every 4 years
- Plant 45 – 60 cm apart and prune frequently to keep plant bushy
- Pick leaves just before flowers appear

Approximately 130 seeds per gram