

## **KALE**

*Brassica*



**Black Toscana**

**Black Toscana** – This variety is an ornamental heirloom. It has long, blistered dark green (almost black) leaves which are formed from the middle of the plant. This variety prefers a well drained soil and full sun. Mulch & keep well watered. Mature plants will tolerate frosts. Sow late summer to autumn.



**Dwarf Blue Curled**

**Dwarf Blue Curled** – This variety is low and compact with finely curled bluish – green leaves. Grows best in cool weather. Can handle winter weather with some protection. Can be grown as an autumn or spring crop. Harvest in winter. Ready for use 55 days from sowing.

**No Picture  
to Display**

**Pink Sprouting** – This variety has a distinct flavour. It is mainly used as a micro green for sprouting. When planting as a micro green grow Kale pink sprouting for 25 days.



**Red Russian**

**Red Russian** – Grows to reach 60 – 75 cm. This variety has an excellent flavour and attractive, green – red serrated leaves. This variety is cold hardy and can be continually picked until early winter. Does best in cool weather. Can be started indoors. Leaves can be picked as soon as the plant is a foot tall. Kale will germinate between 3 – 8 days.