

SILVERBEET

Beta Vulgaris



**FORDHOOK
GIANT**

Fordhook Giant – Produces dark, thick, tender green leaves with white veins and board white stems. This is a standard variety. Grows to 70cm tall. Ready to harvest in 60 days. This variety is tolerant to frost. This variety does not transplant well. Keep soil moist until seedlings are established. Plant seeds outdoors. Germination is usually between 7 – 14 days.



**SWISS CHARD
GOLDEN**

Swiss Chard Golden Sunrise – This variety has deep golden stalks, midrib and veins. The leaves are shiny, deep green and lightly crumpled. Has a excellent golden colour when young and holds colour well to maturity. Grows to 59 – 68 tall. Harvest baby at 30 days and mature in 57 days. Frost tolerant. Keep soil moist at all times



**SWISS CHARD
RAINBOW**

Swiss Chard Rainbow – The leaves vary from medium green to a dark green. The stems are yellow, gold, pink and crimson. It has a mild flavour and is used as a substitute for spinach. Plant this variety outside. Plant in rows 43cm apart. Keep ground moist until seeds start to grow. This seed starts to germinate between 14 – 18 days. Matures in 50 days.



**SWISS CHARD
RUBY**

Swiss Chard Ruby – Dark green leaves with red veins and bright crimson stalks. The flavour is a unique taste. Grows between 45 – 60cm tall. For harvesting: 30 days for baby and 55 – 30 for mature. This variety is frost tolerant. Plant seeds outdoors. Keep soil moist at all times.