

## BEET

*Beta Vulgaris*



**BULLS BLOOD**

**Bulls Blood** – The tops are dark red – purple colour and the roots are candy striped when sliced. This has a very sweet flavour. It takes 35 days for the baby leaf tops to mature and 55 – 58 days for the beet root to mature. It can grow to 35 – 45cm tall. Grows best in cooler weather and full sun. Needs regular water but do not over water.



**CHIOGGIA**

**Chioggia** – The tops are medium height and is light green with pink striped stems. This variety is also known as candystripe beet and bull's eye beet; this for its red and white alternating rings. The roots are very sweet tasting and the greens can be used as a spinach substitute. Takes 60 takes for it to mature. Plant outdoors between March to August. Grow in full sun. Germination in between 2 – 3 weeks.



**DETROIT DARK RED**

**Detroit Dark Red** – Medium green tops with tinges of red. The roots are nearly globe shaped, between 6.5 – 7cm in diameter. Matures in about 58 days. This variety has a tender taste. Plant in spring. Growing in really hot climates should be avoided. Resistant to downy mildew. Prefers a deep, well drained and moist soil.